



MNF

MONDAY DAY NIGHT FOOTBALL



SERIOUS FOOTBALL,
GREAT FUN

WHAT

We are looking for adult 11v11 teams to play in a floodlight Monday League.

HOW

- 50 minute matches
- Suffolk FA managed League
- Easy online admin
- Short seasons Summer, Winter & Spring
- Sin bins
- Matches every other week
- Games played under floodlights
- Social fitness and health benefits
- Rolling subs

WHERE

Ipswich Academy,
Braziers Wood Road,
Ipswich, Suffolk
IP3 OSP